

Know Our Expert

Dr. Abhishek Kini is a dedicated Foot and Ankle fellowship trained surgeon having experience of more than 11 years, post his training in UK and Holland. Dr. Kini has treated hundreds of cases right from elite athletes to common man during his practice at our hospital and other cities of the country. Dr. Kini with his specialized training in foot and ankle reconstruction offers minimally invasive keyhole surgery for foot and ankle problems which enables patients to recover quickly & resume work / sports at the earliest.

For appointment contact:

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Lilavati Hospital and Research Centre

More than Healthcare, Human Care

NABH Accredited Healthcare Provider

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FOOT and
ANKLE Clinic

Lilavati Hospital & Research Centre introduces comprehensive Foot and Ankle services.

Foot and Ankle problems are often either neglected or not correctly diagnosed, hence not appropriately treated. Foot and ankle is a complex organ which needs in depth understanding of its mechanics and function to achieve optimum results.

Most foot and ankle pathologies once correctly diagnosed can be easily treated with exercises (physiotherapy), correction of footwear (insoles – orthotic), local injections and very few times surgery.

Services Offered

Detailed Examination

- Walking / Running Pattern
- Callosity (Hard Skins) / Ulcers
- Diabetic Foot

Footwear Correction

Specialized footwear consultation and individually customized insoles or specific footwear suggestion for foot biomechanic correction

Arthroscopic (Key hole surgery)

- Ankle Pathology •
- Heel •
- Foot •

Fracture Fixation of Foot & Ankle

Fractures of small bones of feet are complex and need special expertise to enable early return to work.

Minimally Invasive Surgery

- Achilles Tendon Rupture
- Haglund's Syndrome

Fore Foot (Toe) Correction

- Bunion •
- Toe Deformity Correction •
(Claw, Hammer, Mallet or Crooked Toes)
- Hallux Varus •

Foot Deformity Correction

- Flat Foot Correction
- Cavus (High Arch) Foot Correction

* Arthroscopic and Minimally Invasive Surgery enables early return to work / sports