

Providing minimally invasive surgical treatment for gynaecological ailments

Dr Kiran Coelho, senior gynaecologist and obstetrician at Lilavati Hospital, Mumbai, with over 30 years of experience, explains the benefits of Minimally Invasive Surgery (MIS) in gynaecology. She says, "MIS in gynaecology is the use of less invasive techniques, such as laparoscopy or hysteroscopy, to surgically treat gynaecologic conditions using a few small incisions, which reduces blood loss, reduces hospital stay and ensures faster recovery."

PELVIC FLOOR SURGERY

Dr Coelho says, "The hospital has trained pelvic surgery specialists in diagnosing and treating chronic pelvic pain and other urogynecologic issues like poor control of urine, painful urination, urgency and frequency of urination."

GYNAECOLOGICAL ONCOSURGERY

"All surgeries, including complex surgeries like cyto-reduction, are possible by minimally invasive procedures by the team of experts here. Newer modalities for cervical cancer detection like HPV DNA testing, along with routine pap smear screening with liquid based cytology (LBC), give early and accurate diagnosis of cervical cancers," shares Dr Coelho.



Dr Kiran Coelho

OBSTETRIC CARE

Dr Coelho shares, "The team of experienced doctors not only give the best care during pregnancy and parturition, but they also specialise in handling high-risk deliveries. The obstetric care is very well supported by fully equipped Neonatal Intensive Care."

IVF CENTER

Dr Coelho shares, "Lilavati has a dedicated IVF & ART center which is equipped with all the specialists and high-end equipment."

DAYCARE AND SHORT-STAY MIS DONE AT THE HOSPITAL INCLUDES:

Colposcopy: Colposcopy involves the examination of the cervix, vagina and vulva using a colposcope to evaluate abnormal pap smears or HPV infection

Hysteroscopy: Hysteroscope is a thin scope introduced via vagina into the cervix to visualise the uterus and used for vaginoscopy, cervicoscopy and hysteroscopy.

HIGH-END LAPAROSCOPIC EQUIPMENTS

Dr Coelho says, "Lilavati Hospital offers 3D laparoscopy, also known as stereoscopic surgery, which gives enhanced depth perception and allows for better visualisation of anatomical structures and spatial orientation, leading to more precise surgical maneuvers and reduced surgical errors. This is very useful for teaching and training purposes."

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